

Onsite flu vaccine and bone density clinic FAQs—2023

Eligibility and cost

Q. Who can participate in Intuit's onsite vaccine and bone density clinics?

- Intuit's flu vaccine and bone density clinics are available to all *Intuit employees and their family members, interns and contingent workers*.
- Flu vaccines are available to children age 3 and older.
- Children younger than age 8 receiving their first flu vaccine ever, will receive 1 initial dose, then another dose after a month gap.
- Bone density tests are available to individuals age 25 and older.

Q. Is this paid for by Intuit?

Yes, the cost of onsite vaccinations and bone density tests for Intuit employees and their family members, interns, and contingent workers is 100% covered by Intuit.

Q. What services will be available?

1. Flu vaccines (ages 3 to 70)
2. Bone density tests (age 25 and older)

Q. Where are the onsite flu vaccine and bone density clinics offered?

At Intuit office locations in buildings 8, 6A, and 4A.

Registration

Q. How do I schedule an appointment?

[Register online for flu vaccine and/or bone density test appointments.](#) Please make individual appointments for each family member.

For flu vaccines, every member must complete an [immunization consent form](#). You can complete it in advance or fill it out when arriving at the onsite clinic.

Q. How do I cancel or reschedule my appointment?

Select the “Need to Cancel or Reschedule” link within your appointment confirmation email and follow the steps. You will receive a confirmation of the change by email.

Q. Will the onsite clinic accept walk-ins?

The onsite clinic may accept walk-ins, subject to volume and vaccine supply. However, walk-in availability is not guaranteed. Scheduling an appointment is strongly recommended to reduce wait time.

Q. I have an underlying health condition and/or am an expectant or nursing mother. Who can I speak with to understand if there is anything I need to know before getting vaccinated?

Please reach out to your physician before getting vaccinated.

Q. After getting a flu vaccine, how long should I wait before my next vaccination?

It is recommended that vaccinations be spaced one year apart. It is advised that you consult your doctor prior to receiving a vaccination.

Q. I am feeling a little sick but do not have any COVID symptoms. Can I still get vaccinated?

Health and safety are of the highest importance. If you are feeling unwell, we ask that you stay home and not attend an onsite clinic.

Q. I can't attend an onsite clinic. Will Intuit help me get a flu vaccine somewhere else?

You can receive up to Rs. 2000 in reimbursement for a flu vaccine for you and up to 3 dependents (including your parents, spouse, and children). Submit your refund request through [Darwin, Your Benefits Administrator](#). Reimbursements are grossed up to cover taxes.

Q. Can family members attend an onsite clinic without the Intuit employee?

Family members **cannot** come to the onsite clinics alone. Family members must be escorted by an Intuit employee at all times while on site, both outside and inside Intuit's campus.

Event Day

Q. What documents should I bring to the onsite clinic?

Adults must bring a government issued photo identity card (driver's license, Aadhar card with date of birth), and a printed copy of their completed [immunization consent form](#). Intuit workers should also bring their Intuit ID.

Onsite support

Q. Who should I contact for any support needed at the onsite clinic?

If you require immediate assistance, contact the Global Security Operations Center at **1800 102 4636**.

Q. How do I pre-register a visitor in ProxyClick—the visitor management system?

To register a visitor in advance:

1. Upon registering with the receptionist, all visitors will receive a visitor badge to wear at all times while onsite.
2. The receptionist will notify the visitor's point of contact, and all visitors are to be met at the reception lobby.
3. Employees are responsible for the visitors entirely including escorting their visitor in the buildings at all times
4. Visitors need to sign out with the receptionist at the end of their visit.

Onsite SPOC

Intuit Site	Connect & Heal and Intuit's Places Point of Contact
Building 8	C&H SPOC -Rohit Singh (+91-8088128136), Shiva Kumar (+91-9886342555) Intuit SPOC -Building 8 Reception
Building 6A	C&H SPOC -Rohit Singh (+91-8088128136), Shiva Kumar (+91-9886342555) Intuit SPOC -Building 6A Reception
Building 4A	C&H SPOC -Rohit Singh (+91-8088128136), Shiva Kumar (+91-9886342555) Intuit SPOC-Building 4A Reception

Good to know

Q. Even healthy people need a flu vaccine.

Influenza (flu) is a contagious disease that can lead to serious illnesses, including pneumonia. Even healthy people can get sick enough to miss work or school for a significant amount of time, or even be hospitalized. An annual flu vaccine is recommended for everyone 6 months of age and older. Pregnant women, young children, older people, and people with certain chronic medical conditions like asthma, diabetes, and heart disease are at increased risk of serious flu related complications, so getting a yearly flu vaccine is especially important for them.

Q. Is the flu vaccine safe?

To learn more about the flu and the reasons a vaccine is advised, scan the QR code.



SCAN ME

Q. The most common side effects of flu vaccines are mild.

The flu vaccine cannot cause flu illness; however, it can cause mild side effects that may be mistaken for flu. Common side effects from the flu shot include soreness, redness, and/or swelling from the shot, headache, fever, muscle aches, and nausea. These side effects are not the flu. If experienced at all, these effects are usually mild and last only 1-2 days.

Q. Can't I wait and get vaccinated when/if flu hits my community?

It is best to get vaccinated before the flu begins to spread. It takes about two weeks after vaccination for antibodies to develop in the body and provide protection against the flu, so the sooner you get vaccinated, the more likely it is that you will be protected once the flu begins to circulate in your community.

Q. Don't avoid getting a flu vaccine because you don't like shots.

The minor pain of a flu shot is nothing compared to the suffering that can be caused by the flu. A flu vaccine reduces your risk of illness and hospitalization and can prevent you from spreading the virus to your loved ones. So, whatever little discomfort you feel from the minor side effects of the flu shot, it is worthwhile to avoid the flu.

Q. You need to get a flu vaccine every year.

There are two reasons for getting a flu vaccine every year:

1. Flu viruses are constantly changing, so flu vaccines may be updated from one season to the next. You need the current season's vaccine for the best protection.
2. A person's immune protection from the vaccine declines over time. Annual vaccinations is needed for the best protection.

Q. Flu vaccines can't give you the flu.

Even if you got a flu vaccine, there are reasons why you might still get flu or a flu-like illness.

- You may have been exposed to a non-flu virus. The flu vaccine can only prevent illnesses caused by flu viruses. It cannot protect against other viruses that may cause symptoms similar to the flu, like the common cold.
- You might have been exposed to flu after you got vaccinated, but before the vaccine took effect. It takes about two weeks after you receive the vaccine for your body to build protection against the flu.
- You may have been exposed to an influenza virus that was very different from the viruses included in that year's vaccine. The flu vaccine protects against the influenza viruses that research indicates will cause the most disease during the upcoming season, but there can be other flu viruses circulating.
- Unfortunately, however, some people who get a flu vaccine may still get sick. How well the flu vaccine works (or its ability to prevent flu) can range from season to season and also vary depending on who is being vaccinated. However, if you do get sick, a flu vaccination might make your illness milder than it would have been otherwise.

Q. What is the name of the vaccine, and what does it protect against?

Name of the vaccine: FluQuadri 0.5 ml. FluQuadri is a tetravalent (quadrivalent) influenza vaccine from Sanofi Healthcare. It protects you against seasonal influenza-like illnesses.

Q. What are the strains covered in this vaccine?

Strain details as per WHO recommendations for the flu vaccine:

- an A/Victoria/4897/2022 (H1N1)pdm09-like virus;
- an A/Darwin/9/2021 (H3N2)-like virus; and
- a B/Austria/1359417/2021 (B/Victoria lineage)-like virus, or
- a B/Phuket/3073/2013 (B/Yamagata lineage)-like virus.