

Intuit Wellbeing Program For you & your family

CNH Medical Helpline

September 2022

CNH is your
First Port of Call
for all Health and
Emergency issues

Complimentary 24x7 Medical Helpline
91118 91118 or CNH Care App



CNH Care



Scan the QR Code to
download **CNH Care App**

How can CNH Help? Your First Port of Call



24/7 Telemedicine

Physicians, Specialists,
Agents & post consult
support



COVID Testing

Home Collection
RTPCR



Home/Hotel Isolation

7-10 days Isolation Plan
with Kits



Hospital Admission + Claims Assistance

Locating hospital network
and resources



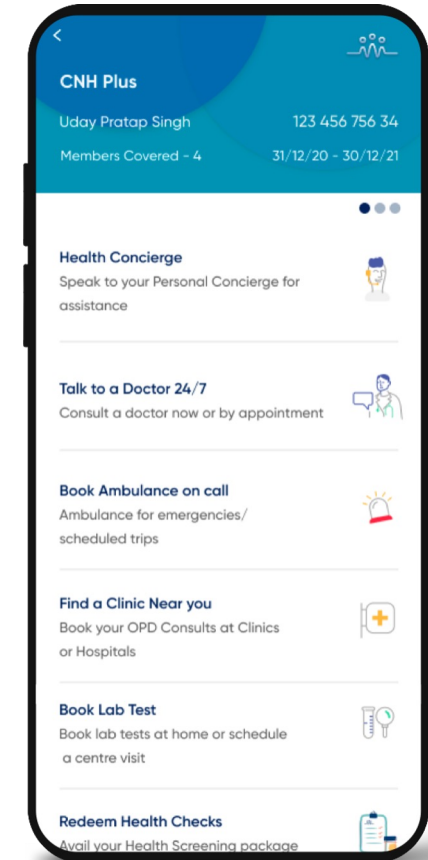
Concierge Assistance

Medicines, OPD
Appointments



Emergency Transfer

Ambulance & On-ground
Patient Assistance



Specially for Polaris

Complimentary Preventive Health Check - for you & one family member. Option to avail health check via home collection or in-clinic

- Parameters covered:
 - General Examination
 - Diabetes Assessment
 - Kidney Function Test
 - Liver Function Test
 - Cardiac Assessment
 - Thyroid Profile
 - Vitamin Profile
 - Other Tests
 - Consultations

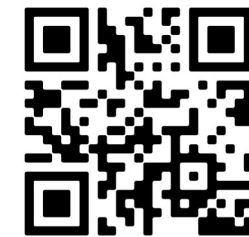
Unlimited Virtual Consults with a Family Physician for you & eligible dependents

Access to other discounted services:

- Up to 15% discounts on medicine delivery with CNH Partners



CNH Care



Scan the QR Code to download **CNH Care App**

Virtual Care Consultation for You and Your Family

Primary Care Physicians

- Unlimited Complimentary Consults with Family Physician
- Emergency Medicine COVID Protocols

- General Physician Available 24x7
- Call to consult within 15 mins
- Multi-lingual Doctors
- Follow up & Rebooking with same Doctor

Specialists* Appointment Based (Mon-Sat, 9am to 9pm)

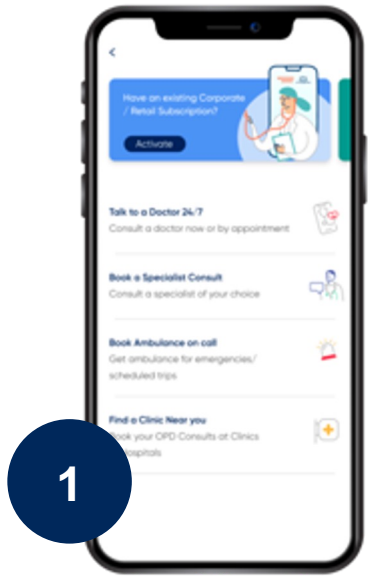
- | | |
|------------------------|-------------------|
| • Andrologist | • Nephrologist |
| • Ayurveda | • Neurologist |
| • Cardiologist | • Neurosurgeon |
| • Cosmetologist | • Oncologist |
| • Dentist | • Nutritionist |
| • Dermatologist | • Ophthalmology |
| • Diabetologist | • Orthopedician |
| • Nutrition | • Physiotherapy |
| • Endocrinologist | • Psychiatry |
| • ENT | • Psychologist |
| • Fertility Specialist | • Pulmonologist |
| • Gastroenterologist | • Rheumatologist |
| • General Surgeon | • Sports Medicine |
| • Geriatrics | • Travel Medicine |
| • Homeopathy Physician | • Urologist |



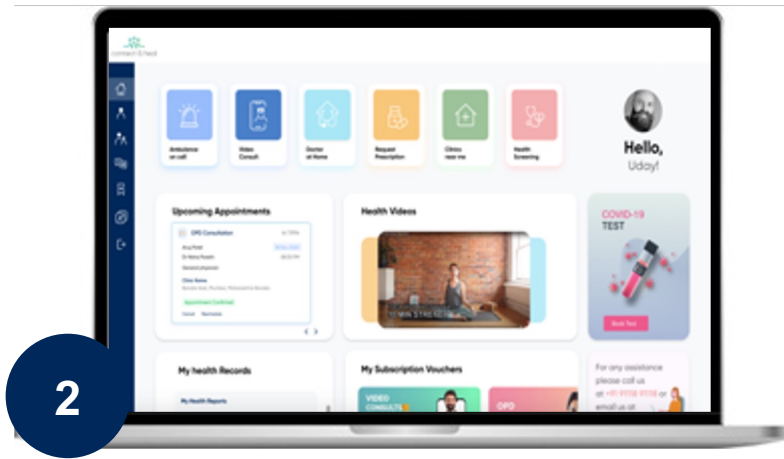
Book through CNH Care App or Dedicated Helpline Number

*Specialist consultations on a self pay basis

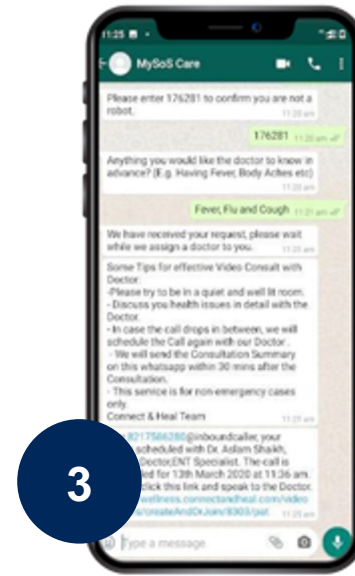
How to Access the Services



CNH CARE App
iOS and Playstore



Web Dashboard

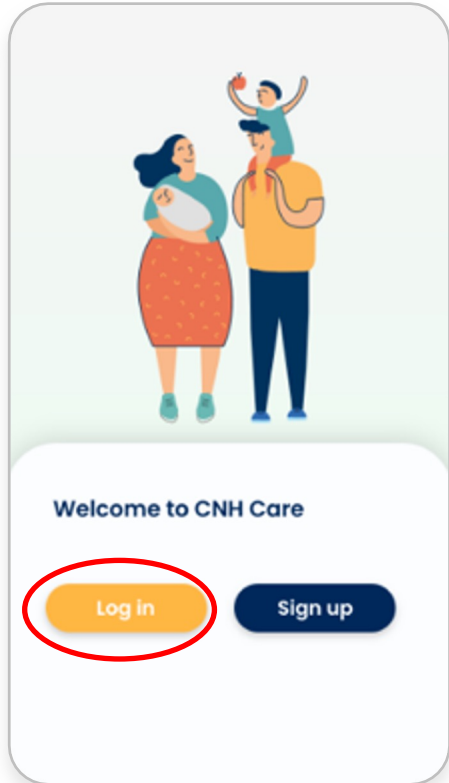


WhatsApp Bot
9111891118

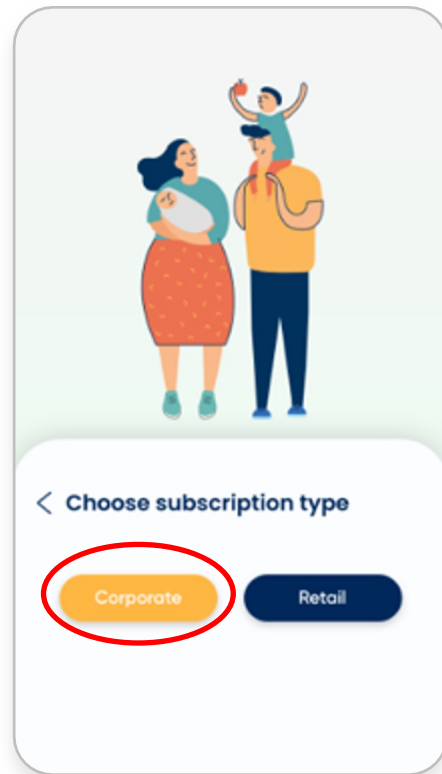


Medical Helpline
9111891118

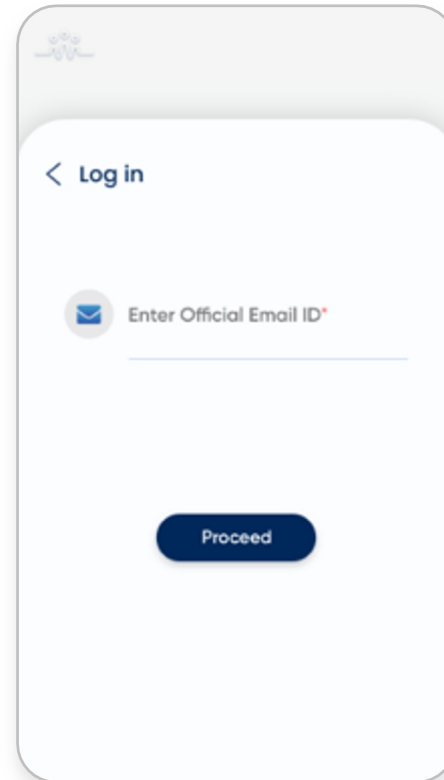
Login/Registration Process



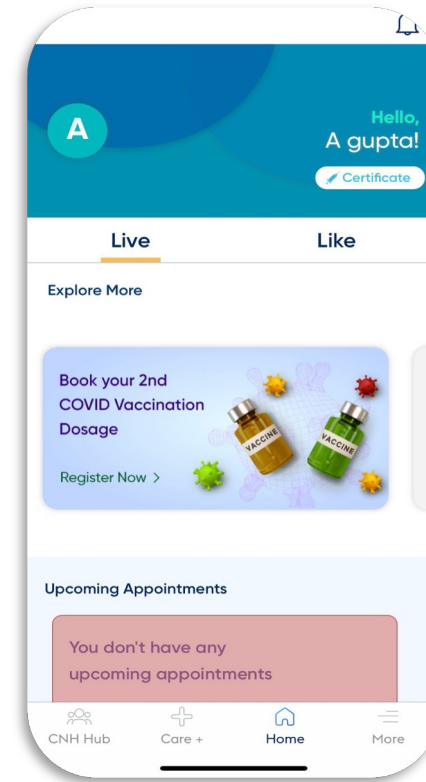
STEP 1
Welcome to CNH Care.
Click on 'Login'



STEP 2
Choose your
subscription type
'Corporate'

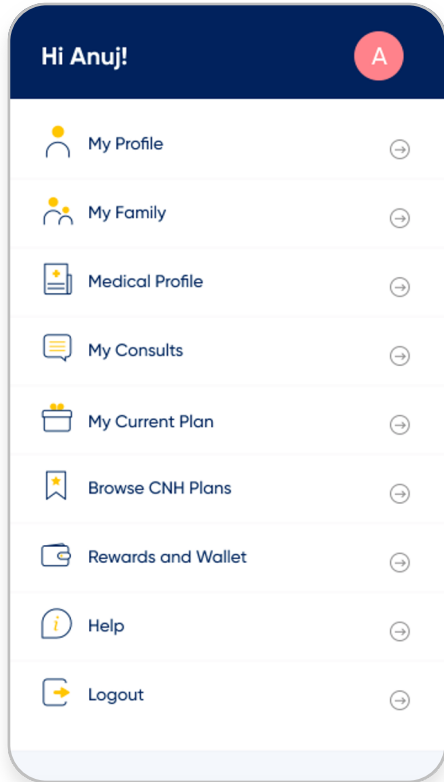


STEP 3
Enter your
official email id
& Verify OTP

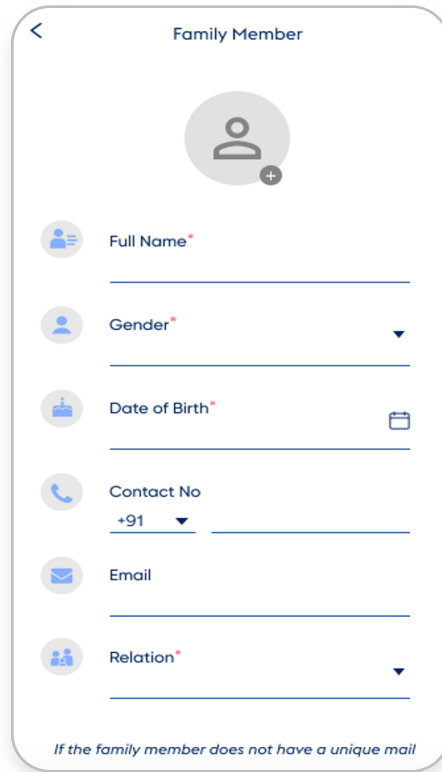


STEP 4
Get Started

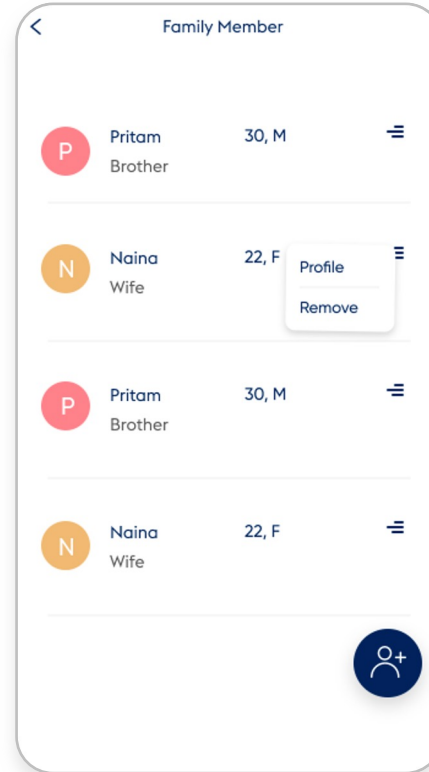
Add Family Member



STEP 1
Click on My Family
in the more screen



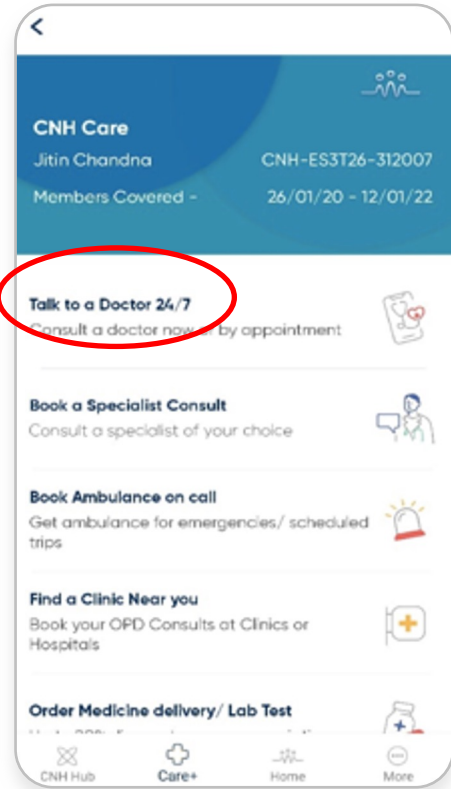
STEP 2
To add Family Member
to the plan, enter member
details



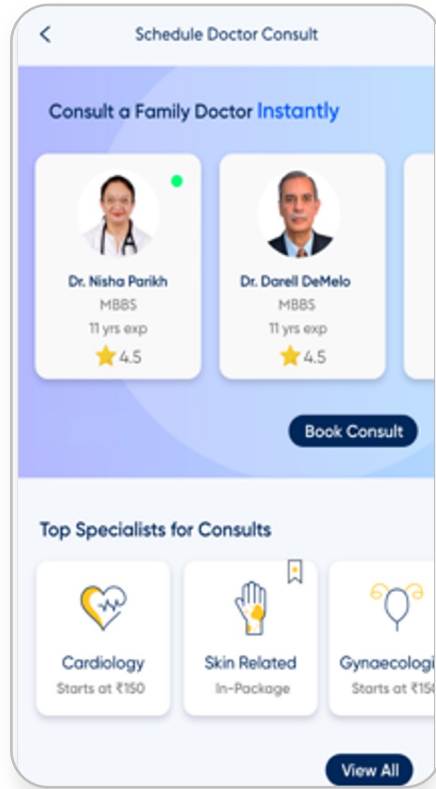
STEP 3
Family Member
created confirmation

- Overall 5 members (Employee + 4 dependents) will be part of this package
- You can add members by going to 'My Family' in the more menu at the bottom.
- Enter the details of the member
- You can anytime edit/ remove the member if you want to.

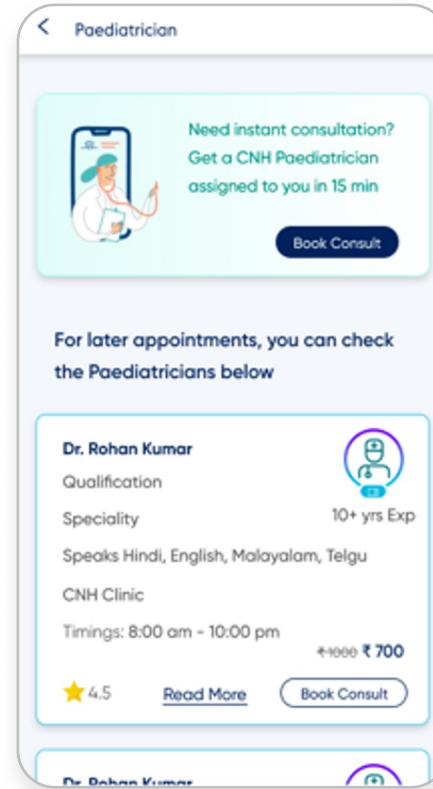
Online Appointment Scheduling



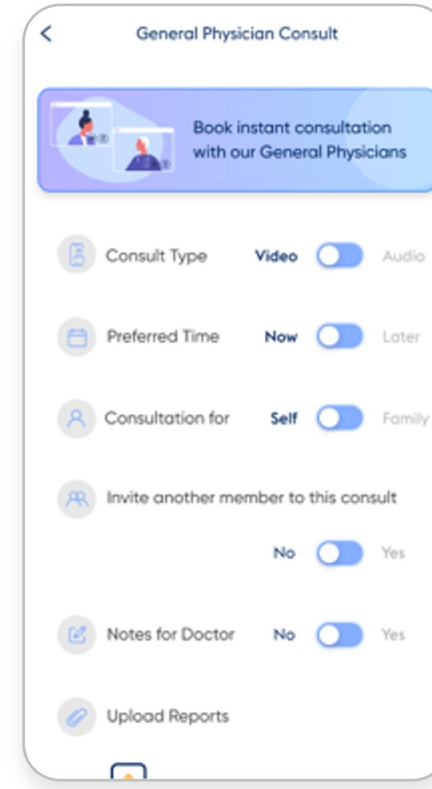
STEP 1
Choose the Option **Talk to Doc 24/7**



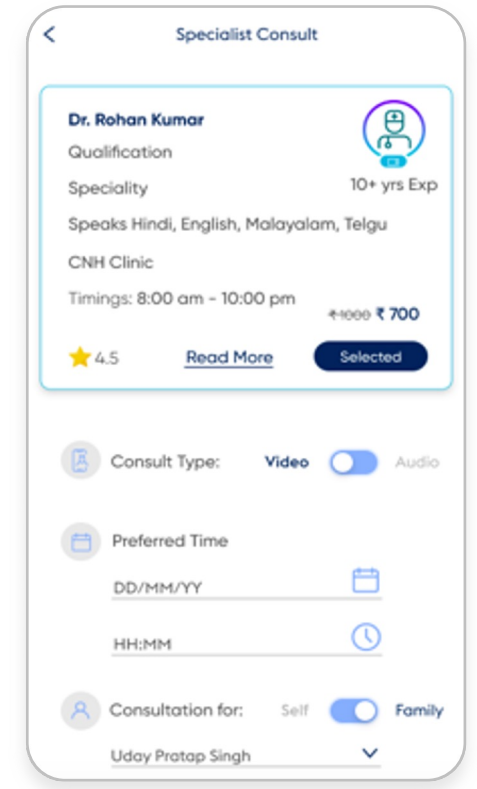
STEP 2
Choose Doctor



STEP 3
You may choose the Specialist you want or take an instant appointment

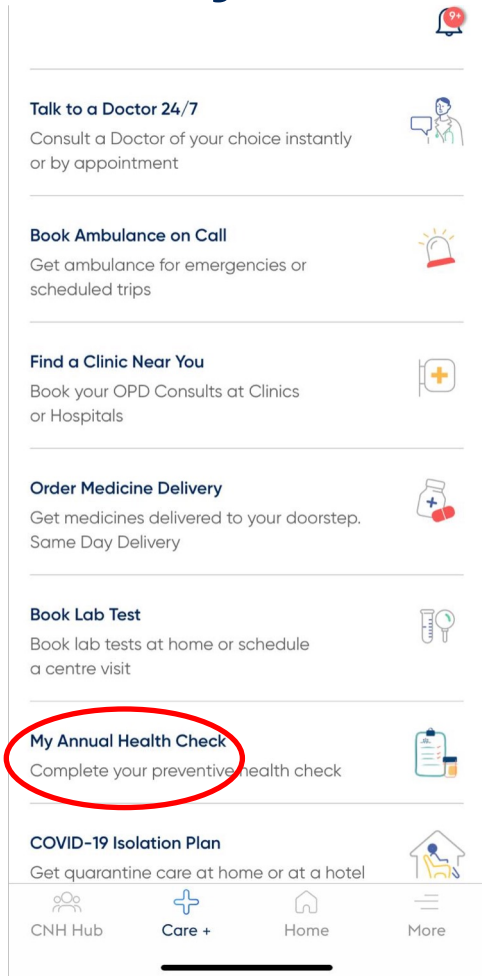


STEP 4
Select consult type, Time, consultation for and upload reports, if any



STEP 5
Consult scheduled. You get a link for online consult

Book your Annual Health Screening Test



Talk to a Doctor 24/7
Consult a Doctor of your choice instantly or by appointment

Book Ambulance on Call
Get ambulance for emergencies or scheduled trips

Find a Clinic Near You
Book your OPD Consults at Clinics or Hospitals

Order Medicine Delivery
Get medicines delivered to your doorstep. Same Day Delivery

Book Lab Test
Book lab tests at home or schedule a centre visit

My Annual Health Check
Complete your preventive health check

COVID-19 Isolation Plan
Get quarantine care at home or at a hotel

CNH Hub Care + Home More

STEP 1
Choose the Option **My Annual Health Check** under **Care+** Menu

First Name *
sk test

Last Name *
user

Date of Birth *
16/12/2000

Gender *
male

Mobile No.*
9967398885

Official Email *
skaur@connectandheal.com

Next

My Health & Lifestyle Assessment >

Appointment Preference >

Would you like to extend the health check for your dependents at corporate rates? >

My Appointment Summary >

STEP 2
Validate your personal details

Hero MotoCorp Annual Health Check Up

Included Tests [Read Here](#)

Please select a preferred center

Location
Choose one city...

Center
Search by center or area name. Ex Yelah...

Can't find a preferred center? Request a call back to help you.

Preferred Appointment Date *
All timings correspond to the 24 hour format. Appointment slots are available from 8.30 AM to 10.30 AM due to fasting requirements and availability of Specialists

Preferred Alternate Date *

Note: Weekends being busy days, the visit at the clinic may require a longer wait time than usual. Please be assured that we will be providing you with our best service.

You will receive your appointment confirmation ~~48 hours before~~ **72 hours before** your selected

STEP 3
Select your city and preferred appointment dates

My Appointment Summary >

Name:
sk test user

Date of birth:
16/12/2000

Gender:
Male

My Package:
Hero MotoCorp Annual Health Check Up

Preferred Appointment Date 1:
26/11/2021 10:00

Preferred Appointment Date 2:
26/11/2021 10:00

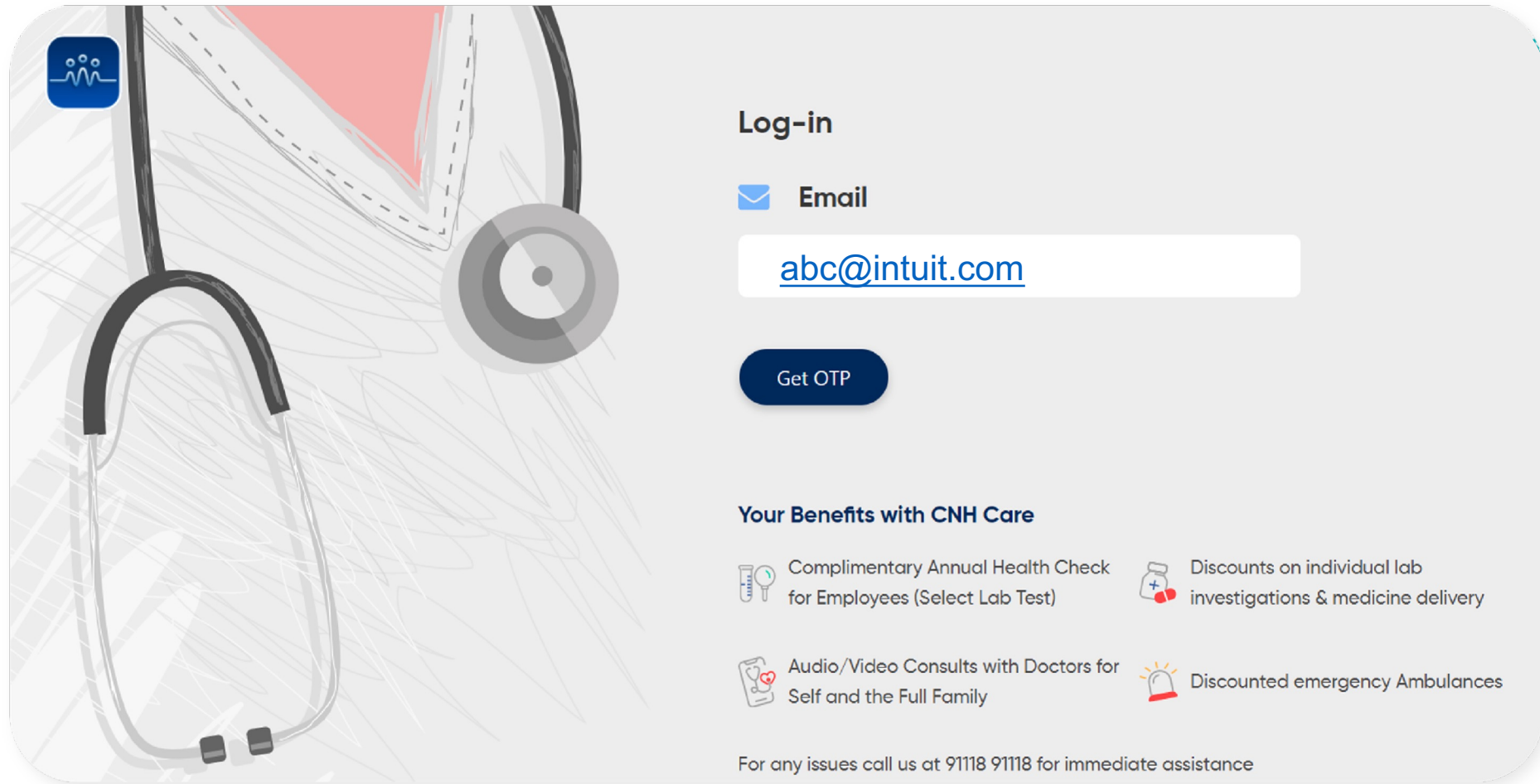
Center selected:
Asansol - Uromed Diagnostic Centre 89 Arya Kanya School Sarani Murgasol

By booking this appointment, I hereby consent to having all information relating to my health-check shared with company Health Management and agree to the Privacy Policy and Terms and Conditions of Connect and Heal

Submit

STEP 4
Review & Click Submit

Click on the URL www.connectandheal.com/login and get to the login page. Enter your official email ID

A screenshot of the Intuit Connect and Heal login page. The page has a light gray background with a faint illustration of a stethoscope and a person's torso. On the left, there is a blue square icon with the Intuit logo. The main content area is on the right. It starts with the heading "Log-in". Below it is a blue envelope icon followed by the text "Email". A white input field contains the email address "abc@intuit.com". Below the input field is a dark blue button with the text "Get OTP". Further down, the heading "Your Benefits with CNH Care" is followed by four benefit items arranged in two columns. Each item has a small icon and a text description. At the bottom, there is a line of text: "For any issues call us at 91118 91118 for immediate assistance".





Log-in

✉ Email

abc@intuit.com

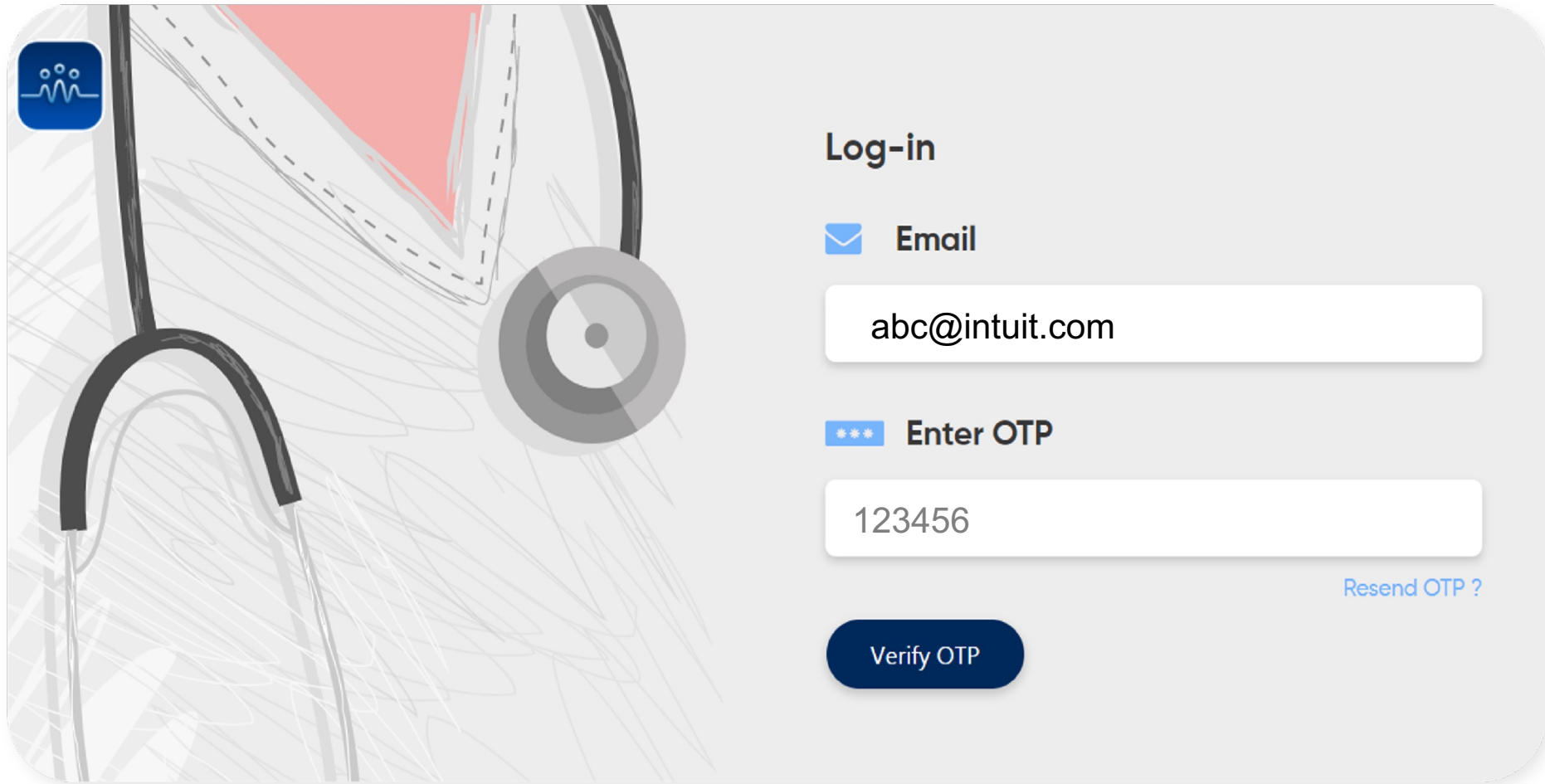
Get OTP

Your Benefits with CNH Care

-  Complimentary Annual Health Check for Employees (Select Lab Test)
-  Discounts on individual lab investigations & medicine delivery
-  Audio/Video Consults with Doctors for Self and the Full Family
-  Discounted emergency Ambulances

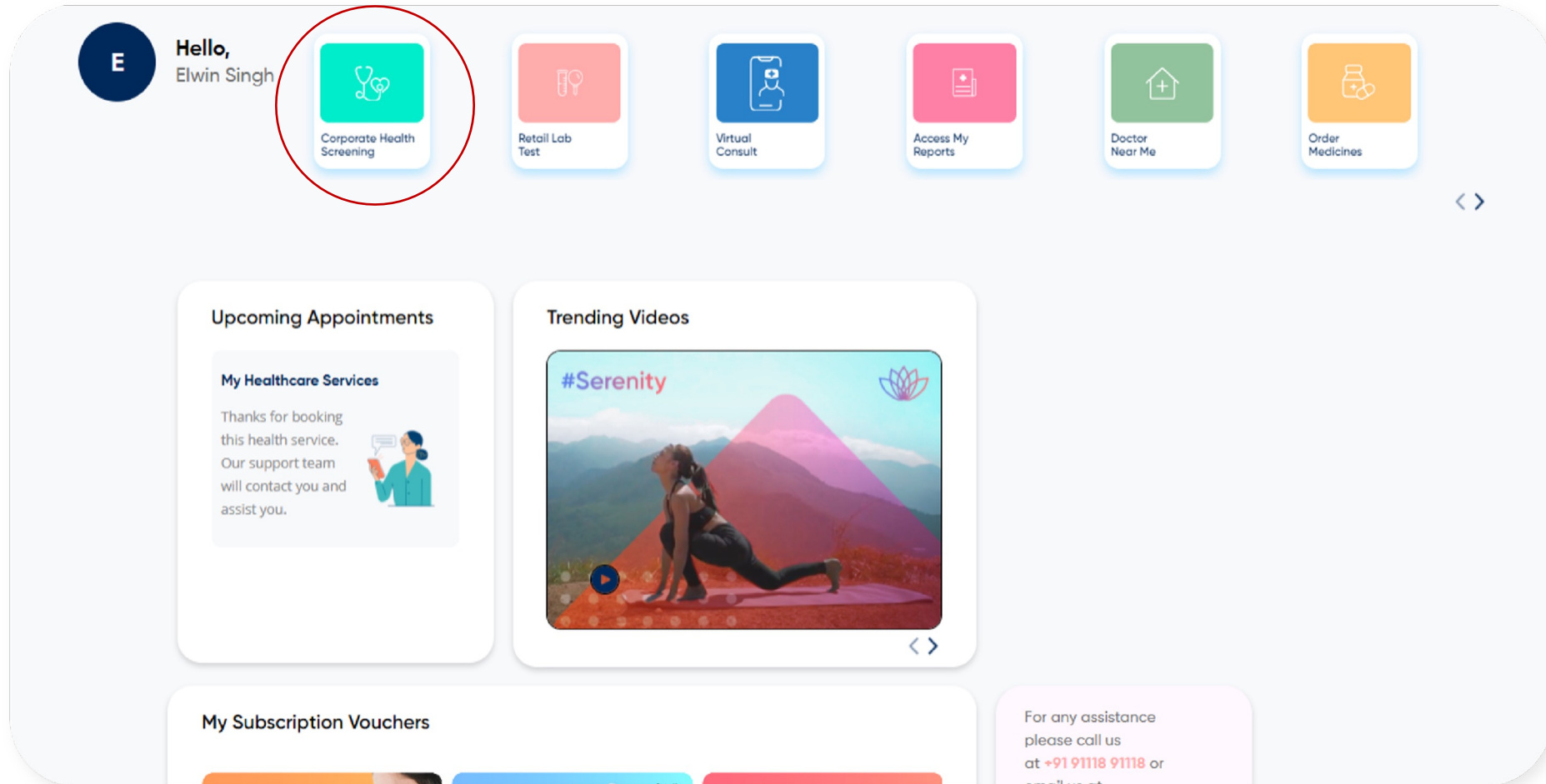
For any issues call us at 91118 91118 for immediate assistance

Please enter the one time password (OTP) shared on your official email ID

A login form with a light gray background and rounded corners. On the left side, there is a large, faint illustration of a stethoscope. In the top-left corner of the form, there is a small blue square icon containing a white version of the Intuit logo. The form contains the following elements:

- Log-in** header
- Email** label with an envelope icon, followed by a text input field containing "abc@intuit.com".
- Enter OTP** label with three asterisks in a blue box, followed by a text input field containing "123456".
- [Resend OTP ?](#) link in blue text.
- Verify OTP** button in a dark blue rounded rectangle.

Click on 'Corporate Health Screening' on the dashboard




For “Book for Myself” employee’s personal information would already be pre-registered. For “Book for My Dependents Only”, you will be prompted to fill out details of your dependents

Book My Preventive Health Check Up

All fields are mandatory

Let's Get To Know You! ▼

First name	Last name
<input type="text"/>	<input type="text"/>
Date of birth	Gender
<input type="text" value="DD/MM/YYYY"/> 	<input type="text" value="Choose one..."/> ▾
Mobile No	Email address
<input type="text"/>	<input type="text"/>

[Next](#)




My Appointment Preference ▶

Bringing anyone else along? ▶




Online Health Risk Assessment for employees to be filled to understand lifestyle habits

My Health & Lifestyle Assessment



On an average how active are you? *

-  I exercise for 30-45 mins regularly (4-5 days weekly)
-  I exercise sometimes 30-45 mins regularly (2-3 days weekly)
-  I don't exercise but I know I should



How well do you sleep? *

-  I get great sleep and am rarely anxious
-  I get good sleep but at times get frequently anxious
-  I have difficulty sleeping and get highly anxious

Do you smoke? *

-  Yes
-  No

Do you consume alcoholic drinks? *

-  Yes
-  No

Note: The information will be shared with eClerx Services Ltd Health Management Services to curate tailored wellness programs for all employees.

Please select the preferred option of completing the health screening (home collection or in-clinic)

Select your preferred Location

C-INT-Home Collection-Male-B

Included Tests [Read Here](#)

FAQ & do's and don'ts [Read More](#)

Please enable the browser pop-ups

Home collection details

City *

Home Collection Date *

Please ensure you have selected the nearest City

Address *

Pincode *

[Next](#)

Before confirming your appointment – Please reconfirm the summary section on you key details

My Appointment Summary

Name: Elwin Singh
Employee ID: 1234567
Date of birth: 01/12/1982
Gender: Male
My Package: eClerx Health Check Up Package 1 - 35 Years & Above (Home Collection)
Home Collection Details: Date and Time: 05/10/2020 08:15:00 Address: No 4, Bandra West, Mumbai Mumbai

By booking this appointment, I hereby consent to having all information relating to my health-check shared with company Health Management and agree to the Privacy Policy and Terms and Conditions of Connect and Heal

Submit



Post Submitting Booking Request

Once booked you will receive an auto email request acknowledgement : Please note this is not a confirmation of your appointment, you will receive that separately

Booking ID - 75769 - Your In-Clinic Health Check Booking Request.

Wellness by Connect and Heal
to me ▾

Sun, Sep 27, 10:29 PM (23 hours ago)

Dear Elwin Singh,

You've successfully registered for your eClerx Services Ltd eClerx Health Check Up Package 1 - Above 35 years (Clinic Visit).

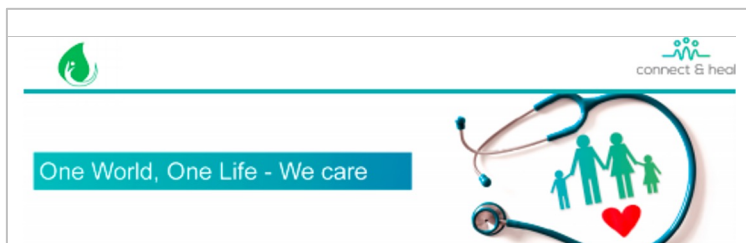
We have received the following request for your In-Clinic appointment:

Booking ID: 75769

Name	Elwin Singh
Company Id	1234567
Your Applicable Package	
Package Details	<p>Pathology Screening : Telephonic Doctor Consultation, Health Risk Assessment, Complete Blood Count, Urine Routine, ESR, Total Cholesterol, GGTP, SGOT, SGPT, Total Protein, Creatinine, Uric Acid, Serum, Blood Urea Nitrogen (BUN), HbA1C, TSH, Pap Smear (for Females), PSA for Male, HBsAg - Hepatitis B Surface Antigen Screening, HDL, LDL, VLDL, Triglycerides, T3, T4, Haemoglobin</p> <p>Other Screenings : Physical Examination (Height, Weight, BMI, Vision, BP), Chest X Ray, Basic Eye Examination, ECG, Pulmonary Function Test, Tele-Dietician Consultation</p>
In-Clinic Preferred Appointment Date 1	05/10/2020 09:00 am
In-Clinic Preferred	06/10/2020 09:30 am

Sample

Once your appointment is confirmed, you will receive an email confirmation with detailed do's and dont's



Dear Elwin Singh,

Congratulations! On behalf of the eClerx Services Ltd family, we are extremely excited that you're well on your journey to complete your preventive health screening.

For COVID-19 tests fasting is not required

Your Appointment Details	
Booking ID	75769
Date	2020-10-05
Name	Elwin Singh
Roll No.	1234567
Mobile No	+919867382349
Appointment Time	09:00:00
Center Details	Rajouri Garden - The Apollo Clinic
Center Address	The Apollo Clinic-C-70, Major Sudesh Kumar Marg, Opp. Madhav Park,Near Main Market, Rajouri Garden, New Delhi - 110027
Package Type	eClerx Health Check Up Package 1 - 35 years & Above (Clinic Visit)
Additional Tests	-
Package Details	<p>Pathology Screening : Telephonic Doctor Consultation, Health Risk Assessment, Complete Blood Count, Urine Routine, ESR, Total Cholesterol, GGTP, SGOT, SGPT, Total Protein, Creatinine, Uric Acid, Serum, Blood Urea Nitrogen (BUN), HbA1C, TSH, Pap Smear (for Females), PSA for Male, HBsAg - Hepatitis B Surface Antigen Screening, HDL, LDL, VLDL, Triglycerides, T3, T4, Haemoglobin</p> <p>Other Screenings : Physical Examination (Height, Weight, BMI, Vision, BP), Chest X Ray, Basic Eye Examination, ECG, Pulmonary Function Test, Tele-Dietician Consultation</p>
Additional Tests	

Planning Ahead

Important Carry On's

Kindly bring along your employee ID and this appointment confirmation letter (in soft copy or print) to your screening center. Your dependents are required to carry an official Photo ID (e.g. Aadhar Card, PAN Card)

We encourage taking along a copy of your last screening report and details of any medications you are currently taking.

Do's and Don'ts

Completion of all tests would take around 5-6 hours. We thus suggest planning your schedule accordingly.

Fasting for 10-12 hours is required before your reporting time. Kindly refrain from consuming food from 9.30pm the night before. Drinking of plain water is permitted.

Restrict alcohol for at least 24 hours prior to your screening.

If you wear contact lenses, kindly bring along or wear spectacles on the day of appointment

For employees on diabetic medication, please carry your insulin / anti-diabetic tablet and a small snack along with you. You may have the medication post breakfast.

All other medications may be consumed as usual.

Shaving of chest hair is a pre-requisite for male candidates undergoing ECG and Stress Test. In case you may not be comfortable getting done at the center, we suggest getting it done prior to going.

X-Rays are not recommended for anyone who is pregnant or have recently undergone one within the last 6 months

For ladies, if you are menstruating on the day of your appointment, you will not be able to do your urine, stool and pap smear tests as the presence of blood in these tests would produce inaccurate results.

If you are feeling unwell, kindly postpone your health screening to a later date as illness and certain medications (e.g. antibiotics) can affect your screening results.

We don't advising bringing your kids as they could get restless with the waiting time.

The wait may be long and it is therefore advisable to carry a small snack with you! We also encourage getting some reading materials to the center.

Change of Appointment

Should you need to reschedule your appointment, kindly update your next preferred date on your portal, or email us at wellness@connectandheal.com or contact us at +91 9111891118 between 8am to 6pm, Monday to Saturday.

Your Health Check Day

Registration

On arrival at the center, please head to the registration desk with your confirmation letter. For any issues at all, kindly call your Connect and Heal SPOC at kindly email us eclex.support@connectandheal.com or call / what's app 9111891118 between 8am to 6pm, Monday to Saturday. You will be given a Case File by the Center

Going about your Screening – This has been prepared to guide you better on your Health Check Day, exact process may vary from center to center.

Stool or Urine Samples

Please hand over your stool or urine samples to the designated. Do ensure that it has the label of your name.

Blood Samples

Given the type of package, your blood sample should be taken while you are still in fasting.

X-Rays

X-Rays are not recommended for anyone who is pregnant

Stress Test <based on package>

This test will take 20 to 30 minutes to complete.
Medications such as beta-blockers (e.g. propranolol or atenolol) should preferable stopped 3 days before the test. If you are unsure of the medication you are taking, please speak to the doctor prior to performing the cardiac assessment.

Ultrasound Whole Abdomen

A full bladder is advisable for a pelvic ultrasound. Do try and drink at least 3 to 4 glasses of water and to avoid urinating for about one hour prior to the examination time.
If you are a smoker, please refrain from smoking on the day of your appointment until after your ultrasound has been completed, as smoking may affect the quality of the scan.

For Ladies

Pap smear, urine and stool tests should be done 5 days after the last day of your period or 2 weeks before the first day of your period so as not to affect test results.
If you are menstruating on the day of your appointment, inform the clinic staff on arrival. You will not be able to do your urine, stool and Pap smear tests because the presence of blood in these tests would produce inaccurate results.

Post Prandial Glucose Test

Post Prandial Glucose Test will need to be taken 2 hours from the fasting sample. It is recommended that you consume breakfast or a small snack prior to giving this sample.

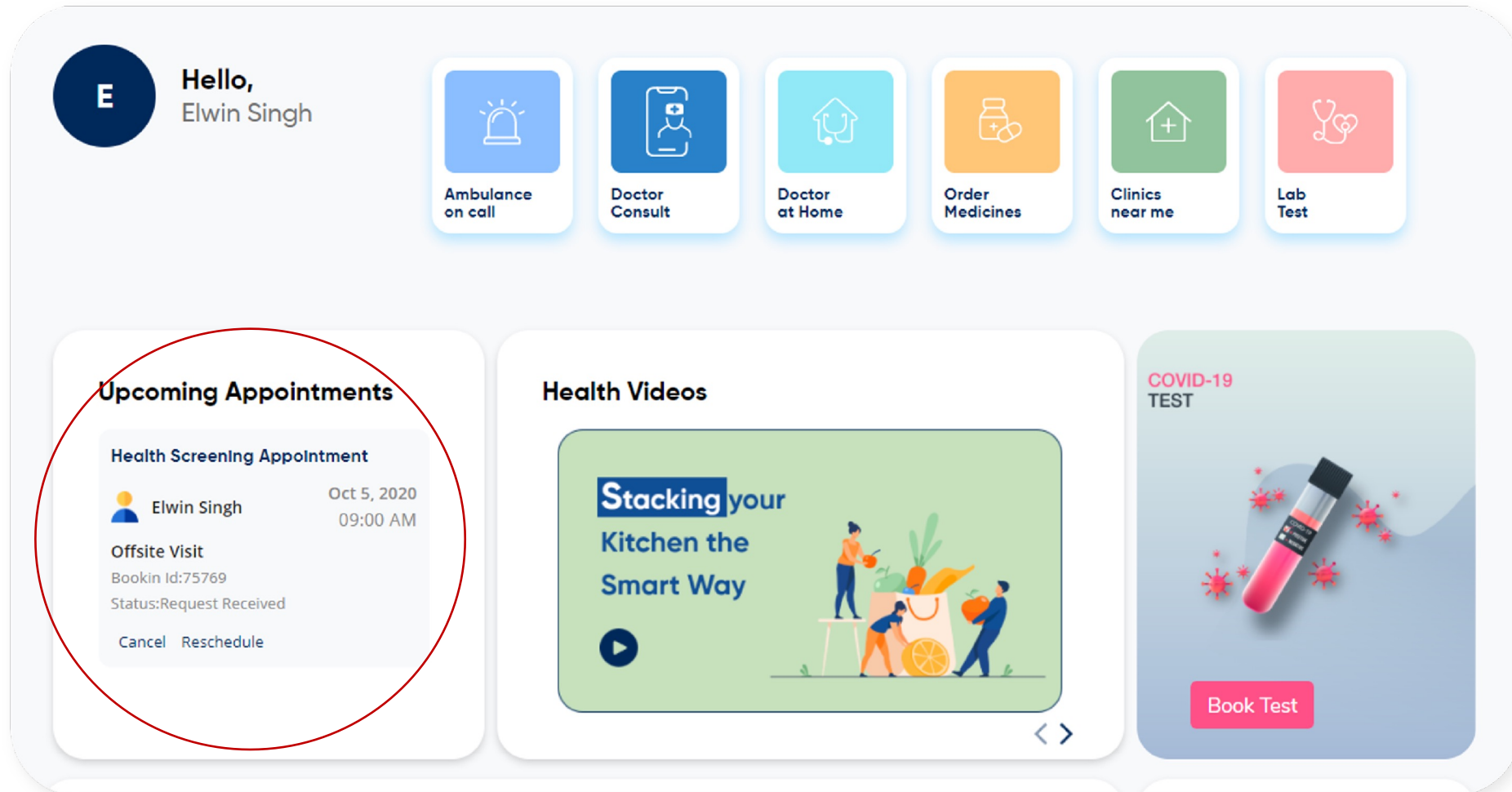
Feedback

Your feedback is important to us, and rest assured it will help us improve our service or tell the team on the great job they're doing. Please do fill up the feedback survey that is emailed with your soft copy reports.

Warm regards,
Connect and Heal Care Team

Sample

Should you need to reschedule your appointment – Feel free to do so by selecting the option on your user dashboard



The image shows a user dashboard for Elwin Singh. At the top left, there is a profile icon with the letter 'E' and the text 'Hello, Elwin Singh'. Below this is a row of six service icons: 'Ambulance on call' (blue bell icon), 'Doctor Consult' (blue smartphone icon), 'Doctor at Home' (light blue house icon), 'Order Medicines' (orange pill icon), 'Clinics near me' (green house icon), and 'Lab Test' (red stethoscope icon). Below the icons are three main sections: 'Upcoming Appointments', 'Health Videos', and 'COVID-19 TEST'. The 'Upcoming Appointments' section is circled in red and contains a card for a 'Health Screening Appointment' on Oct 5, 2020 at 09:00 AM. The card includes the user's name, 'Offsite Visit' status, booking ID, and 'Request Received' status, with 'Cancel' and 'Reschedule' buttons. The 'Health Videos' section features a video player with the title 'Stacking your Kitchen the Smart Way' and a play button. The 'COVID-19 TEST' section shows a test tube and a 'Book Test' button.

Hello,
Elwin Singh

Ambulance on call

Doctor Consult

Doctor at Home

Order Medicines

Clinics near me

Lab Test

Upcoming Appointments

Health Screening Appointment

Elwin Singh Oct 5, 2020 09:00 AM

Offsite Visit
Bookin Id:75769
Status:Request Received

Cancel Reschedule

Health Videos

Stacking your Kitchen the Smart Way

COVID-19 TEST

Book Test

If you have taken home collection, you will receive a link to schedule your reports review with the doctor with your reports

Dear Mayur Gupta,

We are pleased to enclose herewith your health screening reports for your records.

You can also access the same here [link](#) You are eligible for the post consultation. To Book post consultation with a doctor and/or dietician, click on the [link](#).

Your feedback is important to us to be able to continue to improve our services. We would appreciate if you could spare a few minutes to take the [feedback survey](#) (It will only take a minute!)

Please feel free to reach out to us at [9111891118](tel:9111891118) between 8am to 6pm, Monday to Saturday or email us at anz.support@connectandheal.com if you have any queries.

We hope you enjoyed the experience and wish you all the best in this health journey.

Best,
Connect and Heal Care Team

To book your post consultation – Please select your preferred medium of call and convenient time to schedule the same

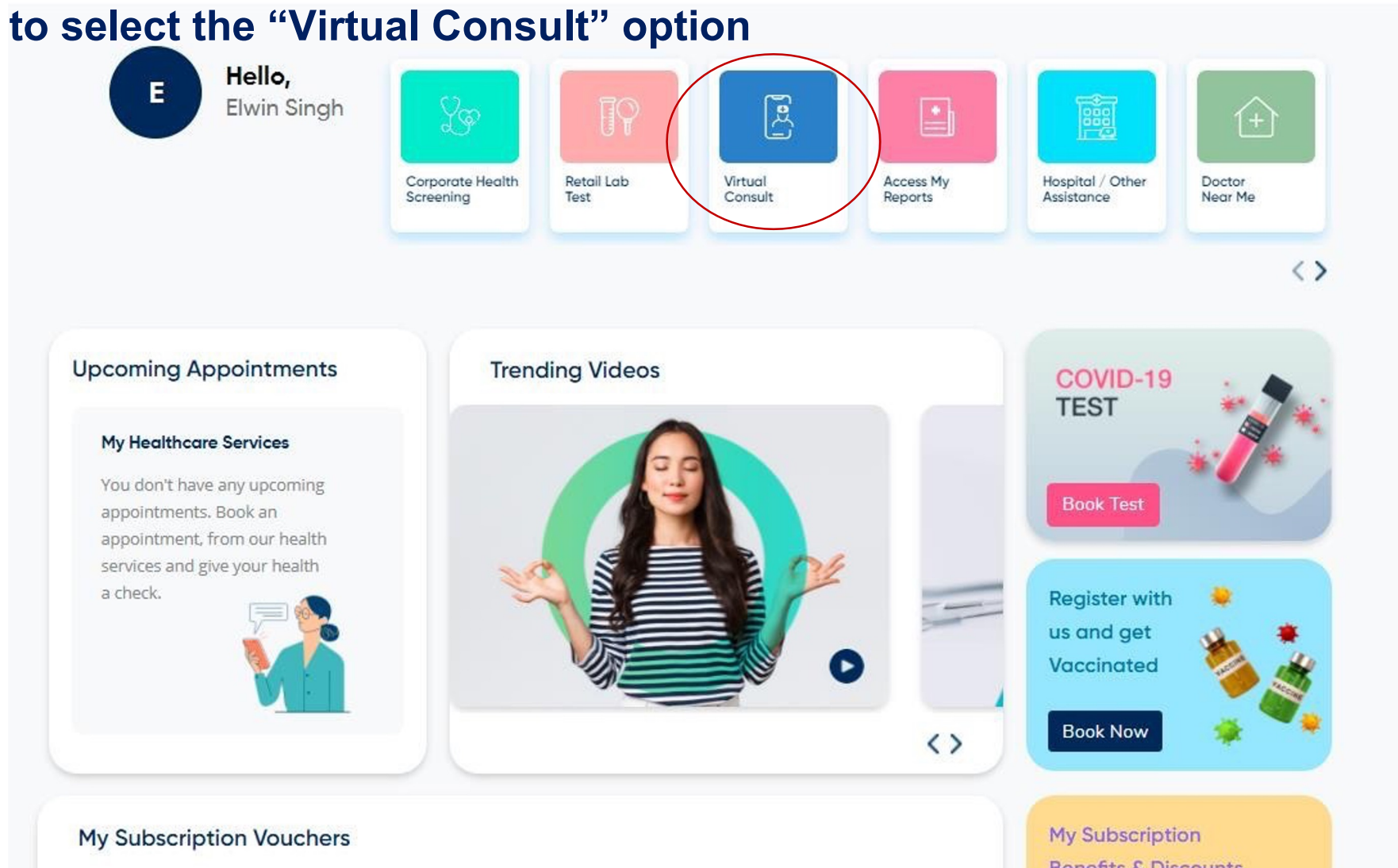
Book Appointment

Personal Details

First Name *	Last Name *
<input type="text" value="Mayur"/>	<input type="text" value="Gupta"/>
Mobile No.*	Official Email *
<input type="text"/>	<input type="text"/>
Specialization	
<input type="text" value="General_Physician"/>	
Select a Preferred Appointment Date for Call	Preferred Medium of Call
<input type="text" value="2021-10-07 13:41"/>	<input type="text" value="Doctor Video Call"/>
Specialization	
<input type="text" value="Dietitian"/>	
Select a Preferred Appointment Date for Call	Preferred Medium of Call
<input type="text" value="2021-10-07 13:41"/>	<input type="text" value="Doctor Video Call"/>

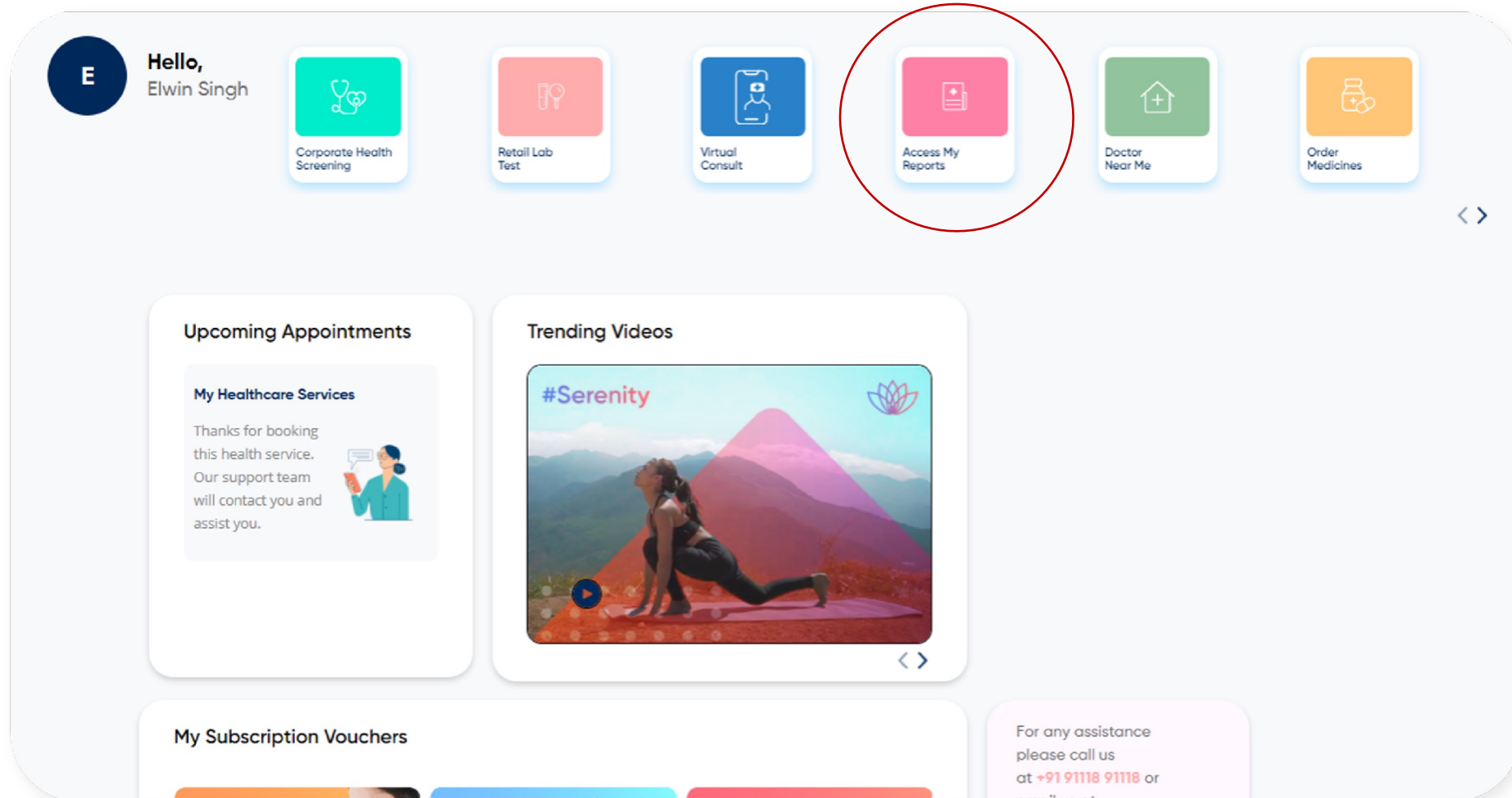
Submit

You may also book your post screening consults via the web dashboard or app
– Feel free to select the “Virtual Consult” option

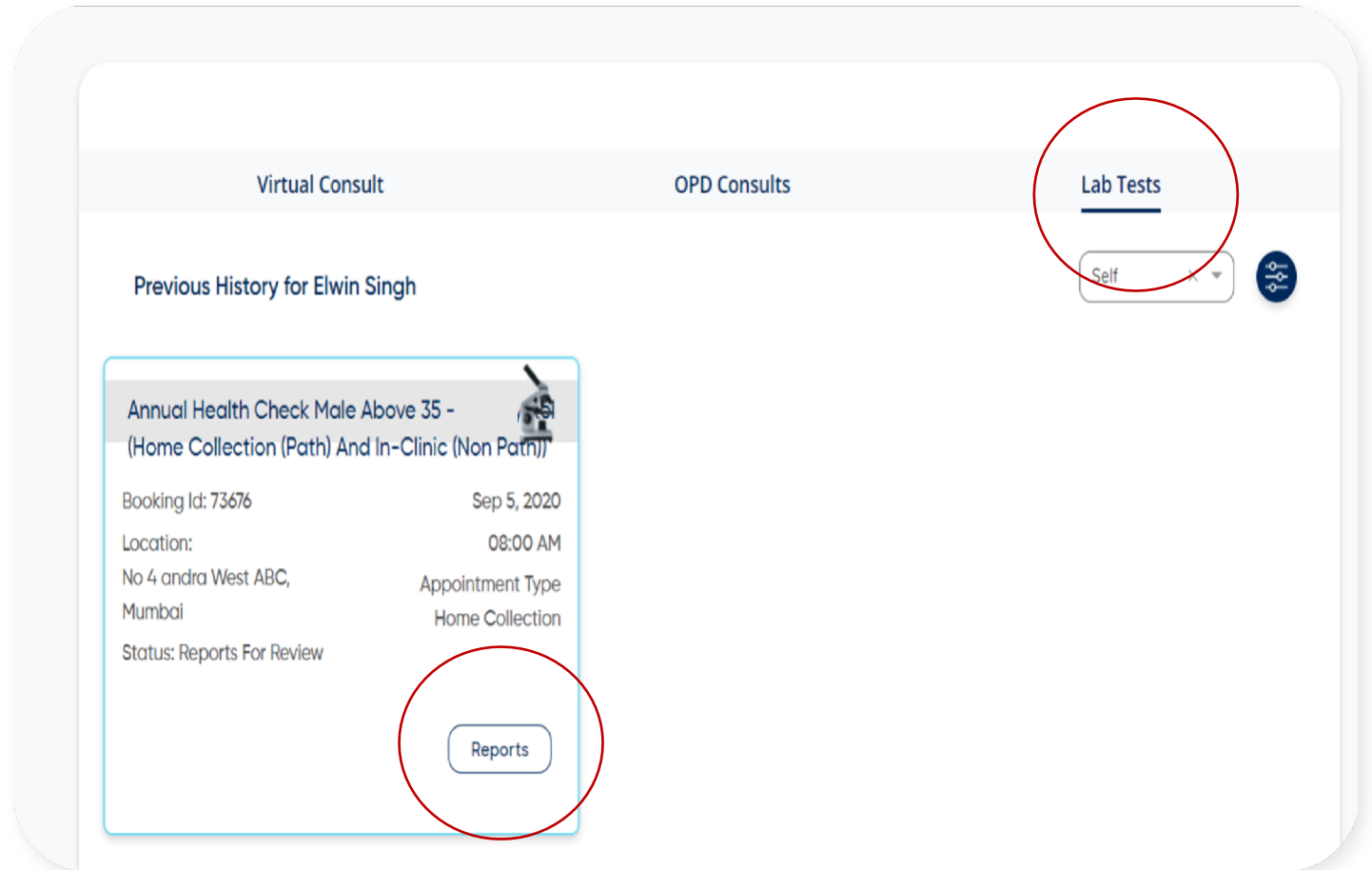
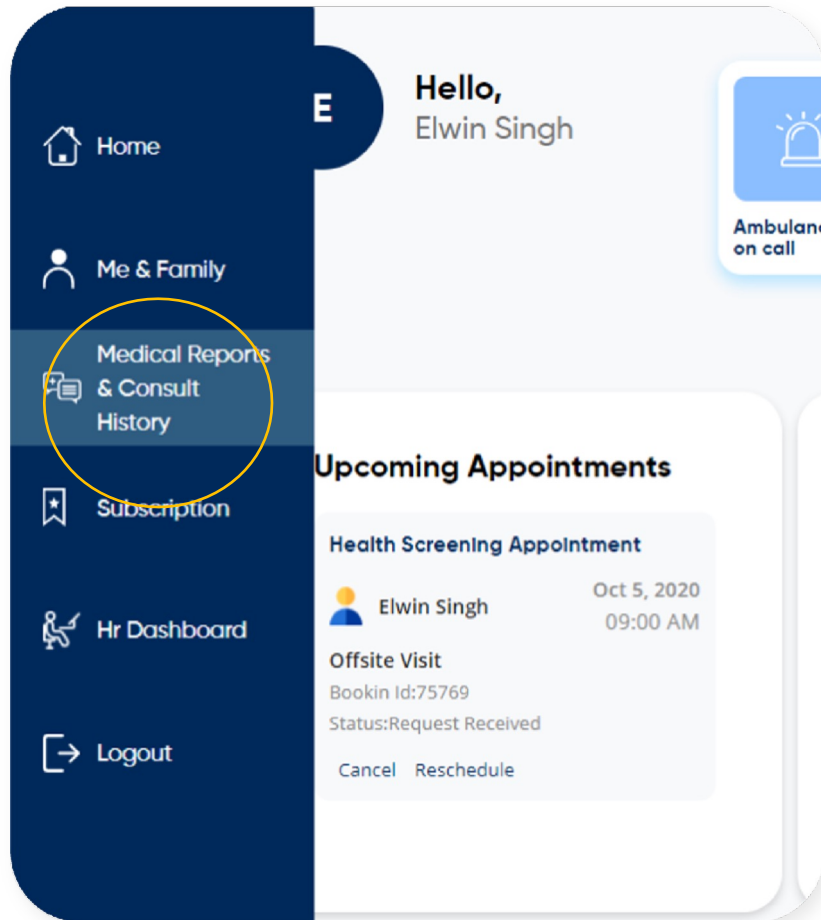


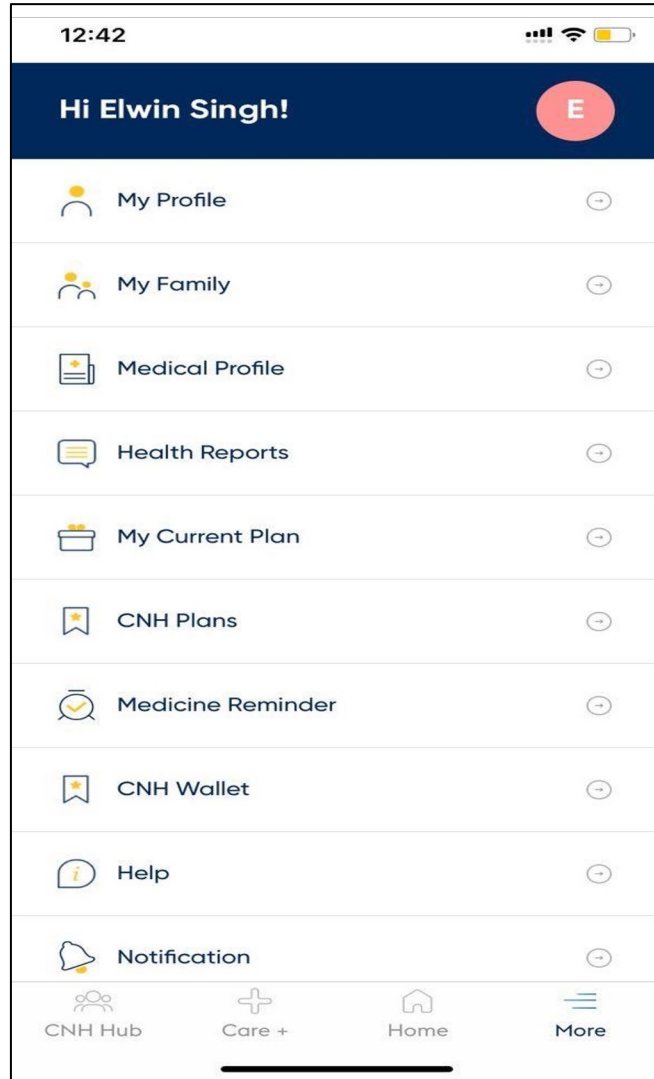
The screenshot displays the Intuit web dashboard interface. At the top left, a user profile is shown with a dark blue circle containing the letter 'E' and the text 'Hello, Elwin Singh'. Below this is a horizontal row of six service tiles: 'Corporate Health Screening' (teal), 'Retail Lab Test' (pink), 'Virtual Consult' (blue, circled in red), 'Access My Reports' (magenta), 'Hospital / Other Assistance' (cyan), and 'Doctor Near Me' (green). Below the tiles are three main content sections: 'Upcoming Appointments' with a message about booking services and an illustration of a doctor; 'Trending Videos' featuring a video thumbnail of a woman meditating; and a 'COVID-19 TEST' promotion with a 'Book Test' button. At the bottom, there are sections for 'My Subscription Vouchers' and 'My Subscription Benefits & Discounts'.

Once reports are uploaded, you will be prompted to login to your dashboard –
You can access them via the “Access My Reports” icon

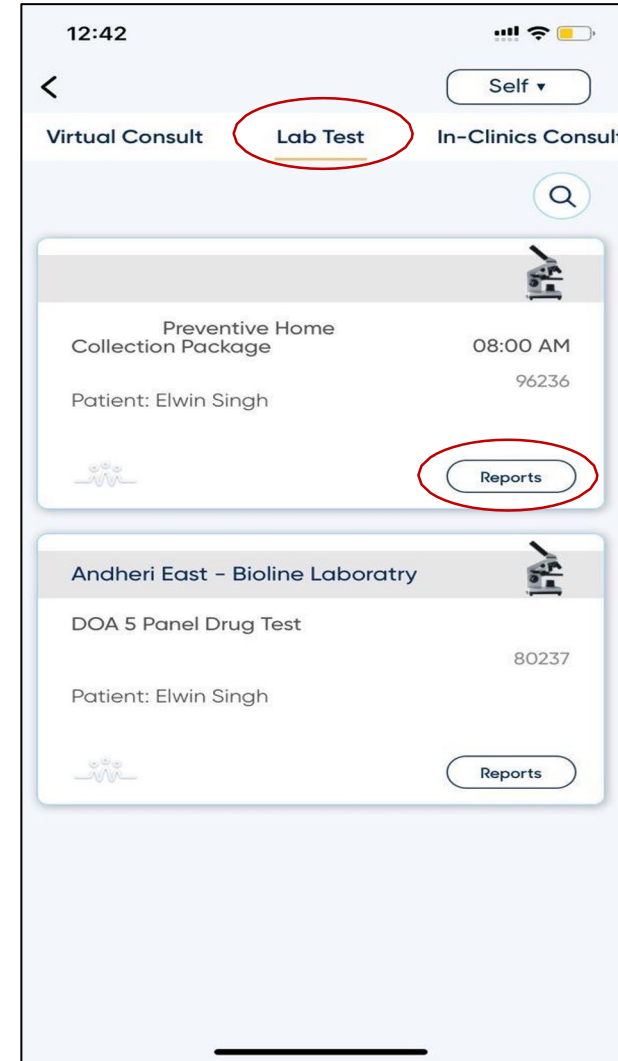


Once done - You can access them via the medical reports icon on tool bar and Lab Test Icon





To access reports on the app, select Health Reports under More option



To access lab reports select the lab test icon and download the report



connect & heal

Ambulance. | Health Screenings | Tele-Medicine

Captive Clinics | Coordinated Care

Thank You

Call us: 91118 91118

Email us : intuit.support@connectandheal.com

www.connectandheal.com

